

## Physics Notes

Force - A \_\_\_\_\_ that one body exerts on another.

Frame of Reference - The object or point from which movement is determined  
Movement is relative to an object that *appears* stationary  
Earth is the most common frame of reference

Motion - Motion is a \_\_\_\_\_ relative to a frame of reference

Inertia - tendency of an object \_\_\_\_\_ in its motion  
It increases as mass increases.

Speed - Speed is \_\_\_\_\_ in a given amount of \_\_\_\_\_ >

Speed =  $\frac{\text{distance}}{\text{time}}$

The units for speed:

meters/second (m/sec)

kilometers/hour (km/hr)

Speed that does not change is constant speed

Average Speed - Total distance divided by the total time

Formula:  $\frac{\text{Total distance}}{\text{total time}}$

Velocity - Speed in a \_\_\_\_\_.

Interesting Fact - Rockets are launched in the same direction of the earth's rotation to get an extra boost of 1800 km/hr to its speed

Acceleration - The change in \_\_\_\_\_.

Acceleration is measured in m/sec/sec or  $\text{m/sec}^2$

Formula is:

$(\text{final velocity} - \text{original velocity})/\text{time}$

Friction - force that \_\_\_\_\_ between 2 surfaces

Gravity - \_\_\_\_\_ between any two objects in the universe increases as...  
mass increases, distance decreases

depends on the: types of surfaces, force between the surfaces

Balanced Forces - forces acting on an object that are \_\_\_\_\_ and  
\_\_\_\_\_ in velocity

Unbalanced Forces - forces that are \_\_\_\_\_ opposite and equal  
velocity changes (object accelerates)

Energy - Energy is the ability to do work.

**Force x Distance = Work**

Kinetic vs. Potential - Potential energy is \_\_\_\_\_.

Kinetic energy involves \_\_\_\_\_.

Potential Energy - Consider a roller coaster. At the top, it has potential energy. The energy is stored just as the energy in the rubber band. It is energy waiting to be used for motion.

Kinetic Energy - As the roller coaster moves toward the bottom, kinetic energy increases along with the roller coaster's speed.

Transformation of Energy - Conservation of energy means it can change forms between kinetic and potential, \_\_\_\_\_. The total amount of energy is always the same.